

## Supporting Youth Well-Being

**Total Awarded: \$1,536,672**

*Support efforts to promote adolescent well-being with a focus on social and emotional supports, access to mental health services and support for youth-serving staff and caregivers.*



Organization	Project Title	Project Summary	Grant Award	Counties Served
Apprentice of Peace Youth Organization	Value of Life Campaign	Support the youth advisory council's Value of Life campaign to increase social and emotional support for youth of color as they design workshops and programs to decrease stigma around mental health concerns.	\$44,000	Adams, Arapahoe, Boulder, Broomfield, Denver, Douglas, Jefferson
ASSET Education	Tier 1 Mental Health Supports for Students & Staff	Provide a school-wide, prevention-based social and emotional learning program to 16 schools across Colorado.	\$65,000	Denver, Mesa, Pueblo
Boys & Girls Club of La Plata County	Youth Wellness Program	Increase social and emotional support for youth through expanded access to mental health care by providing and expanding after-school programs for children and youth with on-site mental health services.	\$75,000	La Plata
Boys & Girls Club of the High Rockies	Staff and Member Well-Being	Support staff well-being with increased training, support and rewards while increasing social and emotional support for LGBTQ+ youth and staff in two sites.	\$15,000	Jefferson, Park, Summit
Boys & Girls Clubs of Pueblo County	Supporting Youth Well-Being	Partner with A New Leaf Therapy to increase social and emotional supports for youth, families and staff. Therapists will work in four sites for three hours each week supporting the well-being of our staff and providing access to mental health care by facilitating group therapy sessions & trainings.	\$57,000	Pueblo
Boys & Girls Clubs of Weld County (BGCWC)	Family & Staff Support Services	Address acute concerns and behavioral health issues at each of our locations, including extensive staff training and a licensed therapist for support services.	\$20,000	Weld
Colorado "I Have A Dream" Foundation	Expanding Social, Emotional and Mental Health Supports	Increase social, emotional and mental health supports by providing services to more youth and ensuring youth receive the specific services needed to thrive.	\$23,000	Denver
Colorado Youth Congress	Support for Youth and Staff Well-Being	Support youth participants and staff in their pursuit of health and wellness with peer group sessions and a wellness fund for youth and staff.	\$27,000	Statewide

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Cultivando dba Fortaleza Familiar	Support for Latinx and Indigenous Youth	Build a program using a combination of promising protective factors for youth, existing practices of Latinx/Indigenous healing and a dedicated group of community members.	\$50,000	Adams, Denver
Denver Children's Advocacy Center	Staff Wellbeing and Mental Health Access for Teen Mothers	Support staff well-being and facilitate access to mental health care for teen mothers attending Florence Crittenton High School. Staff well-being will be supported by providing a retreat and monthly staff self-care and appreciation. Access to mental health will be facilitated by providing an on-site clinician for three days per week.	\$53,630	Denver
Denver Public Schools Foundation	Opportunity Centers	Facilitate access to mental health care by identifying students in need of support and referring those students to an embedded mental health provider at the center. Mental health services will be paired with wraparound and basic needs support offered through a wide range of service providers.	\$75,000	Denver
Every Child Pediatrics	Advancing Youth and Staff Well-Being	Strengthen the integrated behavioral health program to intervene as early as possible in response to potential risks and address the unique issues faced by adolescents, therefore providing a comprehensive and specialized approach to reduce or avoid the need for costly and less effective remediation and supports later in life; provide staff with added supports to mitigate burnout and stress-related physical and mental health problems.	\$64,000	Adams, Arapahoe, Boulder, Broomfield, Denver, Douglas, Jefferson, Weld
Family Resource Center	Supporting Youth Well-Being in Logan County	Provide additional social and emotional youth programming to 6th-12th graders and young adults between the ages of 18 and 24 to combat isolation and provide healthy activities for them to participate in with staff, qualified mentors and a local mental health care professional. Self-care for staff will also be provided as a way to support dedicated staff.	\$75,000	Logan
Full Circle Restorative Justice	Restorative Justice Practices and Service Enhancements for Youth and Schools	Offer restorative justice diversion, restorative practices, and mental health and well-being supports in school programs in a large rural area for students, teachers and staff.	\$20,000	Chaffee, Custer, Fremont, Park

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Girls Inc. of Metro Denver	Youth and Staff Wellbeing Programming	Launch a girl-informed expansion of programming that is being developed to meet the need for mental health support for girls and staff with expanded social and emotional learning opportunities, staff wellness supports and expanded access to mental health services on site.	\$26,000	Adams, Arapahoe, Denver, Jefferson
Groundwork Denver	Investments in Social Emotional Support for Youth and Staff Well-Being	Increase social and emotional supports for 60 youth by supporting bi-weekly mental health days led by an external facilitator trained in youth mental health, utilizing a train the trainer model; and increase staff well-being by supporting two all-staff, outdoor team-building activities and support paid mental health time for all staff members.	\$25,000	Adams, Denver, Jefferson
Heart & Hand Center	Expanding Social Emotional Learning, Supporting Staff Well-Being, and Facilitating Access to Mental Health Care	Increase and deepen social and emotional learning programming for youth in grades 6 through 12 and provide trauma-informed trainings, health care benefits, paid time off and mental health services for staff members.	\$75,000	Denver
High Valley Community Center	Youth Well-Being	Support the well-being of the staff and the youth we serve through increased training and time off. Our youth have been extremely resilient during the year, and we will offer additional support as they begin to make up for the disruption and isolation they have experienced.	\$17,500	Alamosa, Mineral, Rio Grande, Saguache
Inside Out Youth Services	Supporting LGBTQ+ Youth Well-Being in the Pikes Peak Region	Center the resilience and wellness of LGBTQ+ BIPOC youth in El Paso County by deepening the social and emotional supports and services for youth and their families through hybrid programming and collaborative work with area schools; foster the health and well-being of our staff by offering a day of paid leave and wellness-centered gift certificates.	\$20,000	El Paso, Teller
Jewish Family Service of Colorado, Inc.	Facilitating access to Mental Health Care for Students in Denver Public Schools	Increase and facilitate access to in-school mental health care for 6th through 12th grade students attending Denver Public Schools by placing therapists in schools to reduce barriers to accessing culturally competent mental health services, ensuring priority youth populations can overcome adverse effects of trauma in their lives and enhance their overall well-being.	\$50,000	Denver

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Joint Initiatives for Youth & Families	Pathways for Youth	Increase social and emotional supports for youth in the Pathways Program, incorporating high-fidelity wraparound services for youth identified with greatest need in the 4th Judicial District region.	\$75,000	El Paso, Teller
Karis, Inc.	Supporting Well-Being of Homeless Youth and Staff in Mesa County	Hire additional staff to support youth social and emotional well-being; provide resources to support the well-being of our staff; and increase mental health resources for youth experiencing homelessness.	\$67,432	Mesa
Kids First	Facilitating Youth Access to Mental Health Care	Hire a behavioral health professional to deliver an integrated mental health care program at the Brighton High School and Adams 14 school-based health centers to achieve a higher level of integrated care and better serve patients' needs.	\$75,000	Adams
Maria Droste Counseling Center	Affordable Behavioral Health Therapy for Youth-Serving Professionals in Denver	Support therapy sessions for Denver's youth-serving professionals who are experiencing prolonged mental health strain and burnout due to the COVID-19 crisis by partnering with Denver Afterschool Alliance to reach their network of youth service providers. By providing discounted therapy, we will provide crucial wellness support for youth-serving professionals which, in turn, will improve the services they provide to youth and families.	\$15,000	Denver
Muslim Youth for Positive Impact	Holistic Support Systems for Youth	Build bridges between youth, their peers and community leaders with the goal of providing social and emotional and mental health support for youth while empowering them to achieve their full potential and realize a better tomorrow; create an environment of support and stewardship surrounding youth by examples of resilience, allowing them to build a strong self-identity, self-confidence and have full social, emotional and mental wellness support.	\$35,000	Statewide
Out Boulder County	Supporting Youth Well-Being	Increase social and emotional supports for LGBTQ+ youth participants with enriching connections and experiences; and provide support for our youth program staff well-being with bonuses and paid time off.	\$20,000	Adams, Boulder, Broomfield, Denver, Jefferson, Weld

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Pueblo Child Advocacy Center	Supporting Youth Well-Being	Support participants through on-site mental health services and group therapy sessions while supporting staff through mental health services and training support.	\$67,000	Baca, Bent, Crowley, Huerfano, Kiowa, Las Animas, Otero, Prowers, Pueblo
Riverside Educational Center	Supporting Staff Well-Being and Building Capacity in Social and Emotional Learning	Invest in supports for staff and participants, including requests for funding for an employee assistance program for mental health counseling, training for staff capacity-building in creating a trauma-resilient classroom, and upgraded and augmented enrichment curriculum and materials.	\$30,200	Mesa
Scholars Unlimited	Social and Emotional Support for Middle School Scholars	Co-create a middle school curriculum with youth with a focus on strong social and emotional well-being; support the environment where young people can be seen and heard for who they authentically are.	\$44,000	Denver
Servicios de La Raza	Cultura Cura	Support school-based behavioral health services targeting school-age youth, prioritizing youth in grades 6-12.	\$65,000	Denver
Su Teatro	Covid-19 Recovery	Offset the impact of the pandemic by providing staff compensation and a retreat for youth.	\$15,000	Denver
Sun Valley Youth Center	Enhancing Social, Emotional and Mental Well-Being	Contract with an on-site mental health professional to provide tailored instruction to staff to enhance their ability to support students with a trauma-informed approach, while providing individual and group therapy for students.	\$50,000	Denver
The Lafayette Empowerment Center	Support for Youth and Staff Well-Being	Begin therapist-led peer focus groups and individual therapy sessions for youth and support staff well-being with addition paid time off.	\$16,000	Boulder
Therapist of Color Collaborative	Expanding Youth Well-Being & Mental Health in Communities of Color	Increase access to mental health care for youth, youth-serving organizations and families and provide mental health services; support immigrant families who have school-aged youth in grades 6-12.	\$75,000	Adams, Arapahoe, Denver, Douglas, Jefferson
Urban Peak	Urban Peak Staff Well-being	Provide staff with additional self-care and behavioral health services to reduce feelings that are associated with burnout and improve mental wellness.	\$10,000	Adams, Denver, Jefferson